

Combine Medication & Counseling
to **DOUBLE** your chances of quitting.

MICHIGAN TOBACCO QUITLINK

FREE Confidential
Counseling & Support

1.800.784.8669

Call Now
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www

Or Enroll Online
michigan.quitlogix.org

LEARN MORE



MEDICATION OPTIONS QUICK GUIDE



MI TOBACCO
Quitlink
We can help you live tobacco-free.

HBOM

PRESCRIPTION ONLY

MEDICATION

BUPROPION

May also be called generic **WELLBUTRIN®** or **ZYBAN®**



PROS / CONS

- ✓ Easy to use
- ✓ Pill form
- ✓ Few side effects

× May not be good for people with certain medical conditions like high blood pressure or seizures*

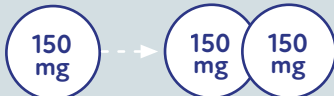
Notes

HOW TO USE*

Start 1-2 weeks before goal quit date. It will take this long to feel the effects of the medication.

Can be used with other treatments (gum, patch, nasal spray, lozenge, and inhaler). Most people use for 12 weeks.

8 hours apart



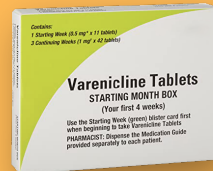
Day 1-3
1 Tablet
Daily*

Day 4+
1 Tablet
Twice Daily*

MEDICATION

VARENICLINE

May also be called generic **CHANTIX®**



PROS / CONS

- ✓ Easy to use
- ✓ Pill form
- ✓ Significantly reduce cravings

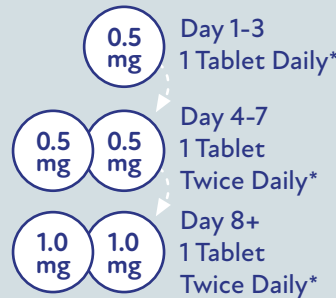
× Can cause nausea, mood changes, and abnormal dreams.*

Notes

HOW TO USE*

Start 1 week before goal quit date. It will take this long to feel the effects of the medication.

Take with food and water. Can be used for up to 24 weeks.



* Consult your doctor to determine the appropriate treatment options and dosing.