#### **MEDICATION**

## **BUPROPION**

May also be called WELLBUTRIN® ZYBAN®



**PRESCRIPTION ONLY** 

### MEDICATION

# VARENICLINE

May also be called **CHANTIX**®

#### **PRESCRIPTION ONLY**



## PROS / CONS

- ✓ Easy to use✓ Pill form✓ Few side effects
- May not be good for people with certain medical conditions like high blood pressure or seizures\*

Notes

#### **HOW TO USE\***

Start 1-2 weeks before quit date. It will take this long to feel the effects of the medication.

Can be used with other treatments (gum, patch, nasal spray, lozenge, and inhaler).

Can be used for up to 12 months. 8 hours apart

150

mg

Day 4+

1 Tablet

**Twice Daily\*** 

150

mg

# PROS / CONS

- Easy to use
- ✓ Pill form
- Significantly reduce cravings
- Can cause nausea, mood changes, and abnormal dreams.\*

Notes

### **HOW TO USE\***

Start 1 week before quit date. It will take this long to feel the effects of the medication.

Take with food and water. Can be used for up to 12 months.



HBOMich.org

\* Consult your doctor to determine the appropriate treatment options and dosing.

150

mg

Day 1-3

1 Tablet\*

Combine Medication & Counseling to DOUBLE your chances of quitting.



# **MEDICATION OPTIONS** QUICK GUIDE



