

MICHIGAN TOBACCO QUITLINE

1.800 QUIT.NOW

1.800.784.8669
michigan.quitlogix.org

LEARN MORE



YOU ASK BECAUSE
YOU CARE.



IT CAN BE AS SIMPLE AS SAYING...

As your healthcare provider, I want you to know that quitting smoking is one of the most important things you can do to improve your health. **Can I help?**